



# CONCENTRACE® TRACE MINERAL DROPS

## Do's and Dont's for CTMD:

- For best results, Concentrace should be taken twice daily, i.e. morning & evening, on an empty stomach.
- Drink Concentrace only in a glass tumbler and consume food after half an hour.
- It is recommended to take Concentrace in Luke warm water or water at room temperature because water is 100% acceptable to all human bodies and Concentrace mineralizes natural water.
- Drink Concentrace sip by sip. Swish around the first two- three sips in the mouth before consuming it.
- Do not drink Concentrace in steel or any other metal glass nor use any metal spoon to mix it.
- Do not mix Concentrace in Milk or any other dairy product.
- Do not put Concentrace on hot food, tea etc.
- You can also re-mineralize distilled water by adding 3 to 4 drops per 250 ml.
- It is recommended to drink plenty of water with Concentrace. Adults must drink minimum 3 liters of water daily and children must drink 2 to 2.5 liters of water per day.
- Healthy adults may take up to 20 drops of Concentrace for 1 month and then gradually decrease the dose and maintain at 6-8 drops/day.
- Any patient suffering from diseases like arthritis, diabetes, cancer, asthma etc must increase the dosage to 25-30 drops a day after the 4th week.
- Moderately increased dosages are safe if needed or desired, but larger amounts may cause a laxative effect.
- In patients with Hypertension, BP might shoot up initially so it is advisable to start with 5drops of Concentrace a day and then gradually increase the dose. If the BP increases reduce the dose and drink excessive water.
- In Diabetic patients, blood sugar may rise initially so it is advisable to start with 5drops of Concentrace a day and then gradually increase the dose. If the blood sugar increases reduce the dose and drink excessive water
- In patients undergoing dialysis, patient should be given 1-2 drops until they are allowed to increase the water intake.
- It is extremely essential to drink a lot of water, while taking Concentrace, to remove the toxins that are released from the body. Less intake of water might cause headache, burning of eyes, constipation, rashes etc.

## DOSAGE FOR EXTERNAL USE:

- Dilute 40 drops of Concentrace in 50 ml. water and spray it over the face, scalp & on closed eyes for a refreshing & healthy feeling.
- Spraying diluted Concentrace on the teeth and gums is known to arrest cavity formation and stop bleeding from the gums. This also helps to remove bad mouth odor.
- A drop of Concentrace in the nostril is helpful in sinusitis. This might cause irritation and discharge. Do not do so for children below 18yrs.
- Mix two drops of Concentrace in any ointment used for skin allergy/disease and apply. Use the spray on pimples, acne, hyper/hypo pigmented areas, rashes etc.
- Mix 30 drops of Concentrace in 100ml hair oil and apply on the scalp for hair growth and prevention of hair fall. Using the spray on the scalp is effective too.

## KEVA INDUSTRIES

ISO 9001-2008 Certified Company

Bangalore • New Delhi • Ludhiana

e-mail: [info@kevaind.org](mailto:info@kevaind.org) visit at: [www.kevaind.org](http://www.kevaind.org)

Contact at: +91-161-660-7000

Ionic

LIQUUMINS™



Low Sodium



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## Recommended Dosage For Concentrace Trace Mineral Drops (CTMD) Made in USA By Keva Industries

### DOSAGE FOR INTERNAL USE:

#### AGE WISE DAILY DOSAGE FOR CONCENTRACE TRACE MINERAL DROPS

Age:	1st Week	2nd Week	3rd Week	4th Week
1-3yrs	1 drop/day	1 drop/day	2 drops/day	2 drops/day
4-6yrs	1 drop/day	1 drop/day	1 drop morning 1 drop evening	2 drops morning 1 drop evening
7-10yrs	1 drop morning 1 drop evening	2 drops morning 1 drop evening	2 drops morning 2 drops evening	3 drops morning 2 drops evening
11-15yrs	2 drops morning 1 drop evening	2 drops morning 2 drops evening	3 drops morning 3 drops evening	4 drops morning 4 drops evening
16-20yrs	4 drops morning 3 drops evening	5 drops morning 4 drops evening	6 drops morning 6 drops evening	8 drops morning 7 drops evening
21yrs & above	5 drops morning 5 drops evening	8 drops morning 7 drops evening	8 drops morning 8 drops evening	10 drops morning 10 drops evening